

BANASTHALI PUBLIC SCHOOL

G-Block, Vikas Puri, New Delhi-110018

Circular No. BPS/22-23/40 APPLICABLE FOR CLASS III-XII

Dated: 21.07.2022

Dear Parent/Student,

It is with reference to the Circular No. CBSE/ACAD-77/2022 dated 13th July, 2022, CBSE has announced the **EXPRESSION SERIES** for the Session 2022-23, as part of the celebration of **Azadi Ka Amrit Mahotsav (AKAM)**.

The theme of the Student-Enrichment activities for the academic session 2022-23 is **'VISION FOR INDIA @2047'**. This Expression Series will focus on the views of students on **'YOGA FOR FITNESS'**.

It is mandatory for the students from Class III to XII to participate in this Expression Series as per details given below:

CLASS CATEGORY	MEDIUM (English/Hindi for Paragraph/ Poem/ Essay Writing)	TOPIC
III & IV	Painting	My yoga schedule will be....
V	Paragraph Writing (150 words)	
VI	Painting	I love Yoga because....
VII	Poem	
VIII	Essay Writing (400 words)	
IX	Painting/ Poem	Yoga: Fitness for Humanity
X	Essay Writing (700 words)	
XI	Painting/Poem	Yoga: Making India Global
XII	Essay Writing (1000 words)	

DETAILS TO CONDUCT EXPRESSION SERIES

All the participants need to submit their entries before 25th July, 2022 (Monday) to their respective class teachers.

You need to write all the following details on the top of each sheet you use for submitting the entry.

All fields are mandatory to be filled by the Participant:
Name of the Participant: _____ Class: _____ Gender: M / F
Differently Abled: Yes / No (Tick one)
Name of the School with complete address: _____ _____
Name of the City/Village: _____ State: _____
Contact Number of Participant / Parent: _____
Contact Number of School: _____
Email Address of Participant: _____

Kindly refer to the format (Annexure 1) as shared below.

It is recommended that parents should motivate their wards to participate in CBSE Expression Series.

Kindly note that the same will be considered for the INTERNAL ASSESSMENT.

Last date of submission is 25th July, 2022 (Monday).

Enjoy Learning!

Principal

CBSE EXPRESSION SERIES SUBMISSION FORM

FILL ALL DETAILS, ALL FIELDS ARE MANDATORY:

Name of Participant: _____ **Class:** _____ **Gender:** M / F / Other

Differently Abled: Yes/No (tick one)

Name of the School with complete address: BANASTHALI PUBLIC SCHOOL, G-BLOCK,
PLOT NO.16 VIKAS PURI, NEW DELHI-18, Name of City/Village: NEW DELHI, State: DELHI

Contact Number of participant/parent (whichever is applicable): _____

Contact No. of School: +91 11-28543824

Email address of participant (whichever is applicable): _____

Write Here: