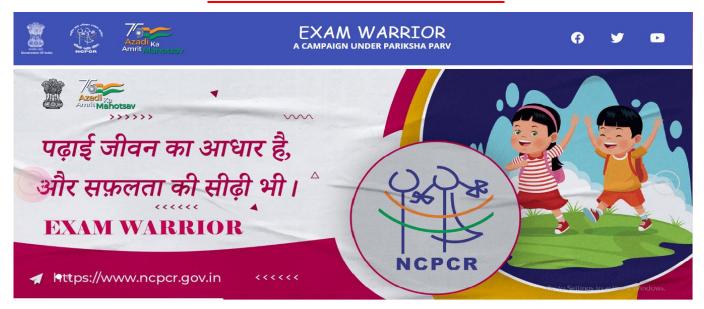
## **BANASTHALI PUBLIC SCHOOL**

G-BLOCK, PLOT NO.-16, VIKAS PURI, NEW DELHI -110018

Circular No. BPS/22-23/08 APPLICABLE FOR CLASSES IX TO XII Date: 12.04.2022



Dear Parent/Student,

With the reference to the DoE Circular No. DE.5/238//Exam/2019/49-56 dated 08.04.2022, NCPCR like previous years is going to conduct "PARIKSHA PARV-4.0" from 11<sup>th</sup> April, 2022 to 31<sup>st</sup> May, 2022. The objective of this is to change the outlook/perspective of children towards exams stress and overcome their anxiety before exam result at a platform. It is a platform for students, parents and teachers to share their thought and get guidance and important tips from the experts. This platform would surely help children to mitigate stress and anxiety to a great extent. This year in 2022, a multi-pronged approach shall be followed with the objective to reach out to the teachers and parents in addition to the children.

The Live streaming session by Experts/Motivational Speakers to all the students can be watched from 11<sup>th</sup> April, 2022 to 31<sup>st</sup> May, 2022 on NCPCR social media Accounts on the following link:

FACEBOOK-https://www.facebook.com/NCPCR.Official/,

TWITTER- NCPCR (@NCPCR\_) / Twitter\_ and on

**YOUTUBE**-<u>Youtube/Channel/NCPCR</u> or on <u>Youtube/Doordarshan national</u> (details are available on NCPCR website www.ncpcr.gov.in).

It is recommended that parents should motivate their wards to participate in these extremely useful Live Streaming Sessions by NCPCR.

**Enjoy Learning!** 

Principal