

# **BANASTHALI PUBLIC SCHOOL**

G-Block, Vikas Puri, New Delhi-110018

Circular No. BPS/21-22/87

Dated: 21.09.2021

## **CELEBRATION OF RASHTRIYA POSHAN MAAH**

*It's a Health Fair Time!*



Dear Parent / Students,

Greetings from Banasthali family!

With reference to the Circular No. CBSE/ACAD/78/2021 dated 09.09.2021, *regarding celebration of "Rashtriya Poshan Maah" launched by the Hon'ble Prime Minister on 08<sup>th</sup> March, 2018*, the programme *strives to reduce the level of stunting, under-nutrition, low birth weight in children and anaemia in adolescent girls, pregnant women, lactating mothers as well as children.*

Rashtriya Poshan Maah is being celebrated during the month of September, 2021 to further accelerate various activities under **POSHAN ABHIYAN** and to create a **JAN ANDOLAN** in the process by adhering to COVID-19.

All students are required to participate in **E- Quiz** focusing on Malnutrition Awareness which is organized by Govt. Of India through **mygov.in Portal** latest by **30<sup>th</sup> September 2021**. You will be also receiving Certificate for the same from Ministry of Education.

Link: <https://quiz.mygov.in/quiz/poshan-2-0-quiz/>

Kindly send the certificates on School email for Office record at: E-mail ID: [bpscreativity2@gmail.com](mailto:bpscreativity2@gmail.com) **in the given mail format.**

The **SUBJECT** of E-mail should be: <CLASS> <SEC> <ADM. NO.> <NAME OF THE STUDENT> <EVENT>  
e.g. **5B-3892-ROHAN-Rashtriya Poshan Maah.**

The **content** of E-mail should be in the following format:

1. CLASS & SEC.:
2. ADMISSION NO.:
3. NAME OF THE STUDENT:
4. EVENT: "RASHTRIYA POSHAN MAAH".

School will be conducting various activities as mentioned in the table below:

S.NO.	CLASS	NAME OF ACTIVITY	DATE OF THE ACTIVITY
1	PREP	Balanced Diet Platter and Junk Food Teachers Talk	15.09.2021 (DONE)
2	I	Salad Dressing and Teacher's Talk on Healthy Food	16.09.2021(DONE)
3	II	Sprout making and Teacher's talk	16.09.2021(DONE)
4	III	Little chefs at work and Teacher's talk (Cooking without Fire)	17.09.2021(DONE)
5	IV	Plantation Drive- Nutrition (Kitchen Garden) and Teacher's Talk	18.09.2021(DONE)
6	V	Debate Competition-Myths related to healthy Nutrition and Sapling Plantation	18.09.2021(DONE)
7	VI	Little chefs at work and Teacher's Talk (Cooking without Fire)	23.09.2021
8	VII	Plantation Drive- Nutrition (Kitchen Garden) and Teacher's talk	23.09.2021
9	VIII	<b>वाद-विवाद प्रतियोगिता स्वस्थ भोजन की थाली</b> / Junk Food and Plantation Drive	23.09.2021
10	IX	Discussion of CBSE Curriculum related to Nutrition and Physical Health/ Anaemia/Malnutrition	22.09.2021
11	X	Discussion of CBSE Curriculum related to Nutrition and Physical Health/ Anaemia/Malnutrition	23.09.2021
12	XI	Discussion of CBSE Curriculum related to Nutrition and Physical Health/ Malnutrition/Under Nutrition/Low birth weight	22.09.2021
13	XII	Discussion of CBSE Curriculum related to Nutrition and Physical Health/ Malnutrition/Under Nutrition/Low birth weight	23.09.2021

Hope to have an enthusiastic participation.

Stay Happy! Stay Healthy!

Principal