



BANASTHALI PUBLIC SCHOOL

(SENIOR SECONDARY, AFFILIATED TO C.B.S.E.)

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PREVENTION AND CONTROL OF VECTOR BORNE DISEASES **(DENGUE, CHIKUNGUNYA & MALARIA)**



PREVENTING MOSQUITO BITES

Mosquitoes can do more than just annoy you. They can also spread dangerous diseases, like Zika, West Nile virus and dengue. Check out these tips to prevent bites:

- **Use bug repellent**
Make sure it contains FDA-recommended ingredients, like DEET.
- **Dress to protect**
Wear long sleeves and pants to cover your arms and legs.
- **Avoid strong fragrances**
Scented lotions and perfumes can attract mosquitoes.
- **Protect your home**
Make sure that your windows have screens to prevent mosquitoes from getting inside.
- **Throw away standing water**
Mosquitoes breed in water, so empty water collected in rain gutters, buckets, toys and other locations outside.



Dear Parent,

Greetings from Banasthali family!

The rainy season is most conducive for vector borne diseases like Dengue, Chikungunya and Malaria which spread during this time every year. These are all mosquito generated diseases and sometimes gain epidemic proportions if preventive measures are not taken timely. Prevention is the best method to control any disease.

With reference to Circular No. DE.23(386)/Sch.Br./HC/2021/164-168 dated 22.06.2021 regarding Prevention and Control of Vector Borne Diseases (Dengue, Chikungunya & Malaria), parents are requested to please follow the **INSTRUCTIONS** and **DO's and DONT's** as a precautionary measure for the prevention and control of Vector Borne Diseases.

IMPORTANT INSTRUCTIONS:

1. To avoid mosquitos bites wear full-sleeved clothing and use mosquito repellants. Put wire mesh on doors and windows to prevent entry of mosquitos.
2. Cover all water tanks and containers with well fitted lids to prevent breeding of mosquitos.
3. All overhead and other water tanks/containers are kept properly covered with lid and overflow pipe/air vent are covered with wire mesh/cloth.
4. All Coolers should be scrubbed and cleaned once a week and mopped dry before refilling water.
5. In coolers that cannot be emptied, put one tablespoon of Petrol/Diesel.
6. All unused containers, junk materials, tyres, coconut shells etc. should be properly disposed off.
7. Change of water in flower vases, plant pots, bird pots every week to prevent mosquito breeding.
8. Cover the toilet seat if going out of home for more than a week.
9. Use bed net at home and hospital during dengue fever to prevent mosquito bite and to interrupt transmission. Use aerosol, vaporizers(coils/mats) during day time.
10. Don't allow water to stagnate in and around houses.

DO'S AND DONT'S FOR DENGUE, CHIKUNGUNYA & MALARIA

DO's	DONT's
Cover all water tanks and containers with well fitted lids to prevent breeding of mosquitoes.	Do not keep water containers open as they can attract mosquitoes to breed.
Empty, scrub and dry the room coolers every week before refilling to prevent breeding of mosquitoes. Paint the insides of coolers before use.	Don't use the old grass of cooler in the next season and properly dispose off the same.
All unused containers, junk materials, tyres, coconut shells etc. should be properly disposed off.	Don't throw broken utensils, unused bottles, tins, old tyres and other junks in open as Aedes mosquitoes breed in these objects.
Change water in flower vases, plant pots, bird pots every week to prevent mosquito breeding.	Don't allow water to stagnate in and around houses.
Cover the toilet seats if going out of home for more than a week.	Don't insist for hospitalization in case of fever unless advised by a doctor.
To avoid mosquito bite, wear full sleeved clothing and use mosquito repellants. Put wire mesh on doors and windows to prevent entry of mosquitoes.	Do not allow children to wear short sleeved clothes and play in water puddles and stagnant water bodies.
Use bed net at home and hospital during dengue fever to prevent mosquito bite and to interrupt transmission. Use aerosol, vaporizers (Coils/Mats) during day time.	Do not create panic. Dengue, Chikungunya and Malaria are treatable.

Stay home, Stay safe!!

Principal